



Dear Nursery Children,

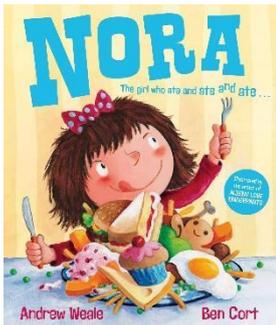
I am writing to say hello, and let you know that I am thinking about you all. I hope you are keeping happy and healthy and that you are looking after your families and behaving well at home.

For the moment, the nursery is closed so we can all be safe at home. Even though we are all sad that our nursery has closed, we should be pleased that we are all helping.

There is so much that I am missing while we are all apart: playing games with you all; laughing together; making models together; drawing pictures together; reading stories together, and much, much more.

Do you know what I am also missing? Our Yoga time on Friday. It was so much fun when we pretended to go to the seaside together, and met the mermaid with lovely rainbow hair. Do you think you could try to do some yoga exercise at home?
<https://www.youtube.com/watch?v=YR1OxBk8BF4>

I am really looking forward to us sharing stories again. I have been reading as many books as



I can! The last book I read was called Nora: The Girl Who Ate and Ate and Ate. Do you remember us reading this story together? I wonder if you could try to see Nora with your telescope. Maybe you could make your own telescope and have a look out of the window one night. I am sure that if you look very carefully you might see Nora still there, sitting on the moon.

If a grown-up is busy, then maybe you could make up your own stories and tell them to your teddy, your brother or your sister. I wonder if you could draw your story as an exciting picture and tell everyone about it.

I have been counting to 10 as much as I can, as well as playing number games and doing puzzles with my family. We had lots of fun sorting, matching and counting socks into the washing machine.

I can imagine it must be difficult for you to stay home all day. This also makes me sad, but remember this will pass and hopefully, we will be back together with our friends again soon and things will get back to how they were. Try to be extra good, patient and helpful to your Mum and Dad (Do you still remember the tidy up song?). Remember to use your kind and quiet voice, even though it can sometimes be tricky. When we have lots of energy to spare, try to use walking feet indoors. Try to remember our sharing and caring rule, as well as all the things we have learnt so far to make us a better person.

Keep singing and smiling. We will see each other again very soon.

Ms Sekanina